



## DUBLIN VEGFEST 2017 - PROGRAMME FOR SUNDAY 24/09

DEMO AREA (1st floor)		INSIDE TALKS A (entrance level)		INSIDE TALKS B (entrance level)	
12:00-13:00	TINY VEGAN KITCHEN (food demo): Peking Pancakes and an Asian flavoured Sloppy Joe	12:00-13:00	GLAUCE LUCAS: Raising vegan kids: we're doing it right	12:00-13:00	DEARBHLA MITCHELL / POWERED PINK (workshop) Powered Plies Ballet Fitness
13:00-14:00	ADDICTED TO DATES (food demo): No bake cakes	13:00-14:00	NICOLE MATTHEWS:* My journey from veganism to activism - How Yulin came to my family	13:00-14:00	LAUREN BAMFORD (workshop 1): Feelgood Hula Hoop Dance
14:00-15:00	SKINFUL AFFAIRS (facial demo) Vegan Express Botanical Facial, Henna body art & threading treatment	14:00-15:00	Dr. AILIS BROSANAN: NEW TO VEGAN - Tips and strategies to help you transition to a vegan diet *	14:00-15:00	HAZEL HOGAN (poetry)
15:00-16:00		15:00-16:00	EARTHLING ED:* Looking Into the Eyes of an Animal: Is Being Vegan Enough?	15:00-16:00	LAUREN BAMFORD (workshop 2): Feelgood Hula Hoop Dance
16:00-17:00	TONY KEOGH / CORNUCOPIA (food demo) Late summer supper		NARA: Ireland's Fur Trade	16:00-17:00	

CAFE (basement)		OUTSIDE TALKS (outdoors)	
12:00-13:00		12:00-13:00	CONOR KERLEY: A plant based diet - the optimal diet for health?
13:00-14:00	INES KHAI: Creole Blues	13:00-14:00	PATRIK BABOUMIAN:* The Vegan Badass strength athlete
14:00-15:00	Music by SEB KERBAY / CALM STATE	14:00-15:00	ANIMAL FREE RESEARCH / Alpesh Patel: The Vision of One R*
15:00-16:00	Music by C.P.	15:00-16:00	JACK ENGLISH (performance) / free runner athlete
16:00-17:00		16:00-17:00	JAMES ASPEY: Being vegan is only the beginning *
17:00-18:00		17:00-18:00	LAMB DANCER (music performance)

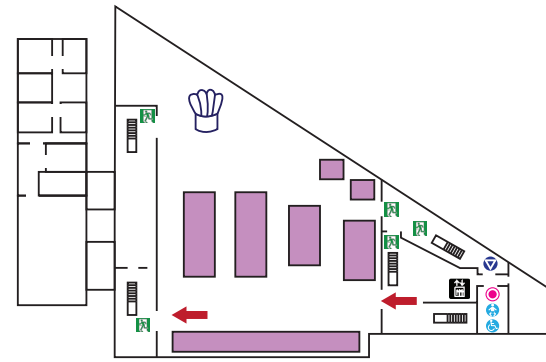
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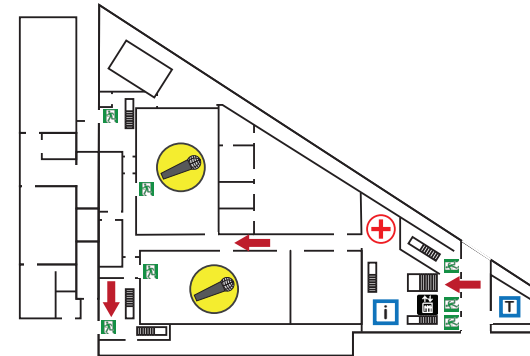


- 1** Entrance on South Circular Rd.
  - 2** Toilets & baby changing facilities
  - 3** Ticket Point
  - 4** Conference Centre
  - a** Auditorium: exhibitors & demo area (toilets & baby changing facilities)
  - b** Inside talk
  - c** Cafe (coffee, music, toilets)
  - 5** Information point
  - 6** Raised seating area
  - 7** Food village
  - 8** Covered seating area
  - 9** Outside talk
- Walk this way

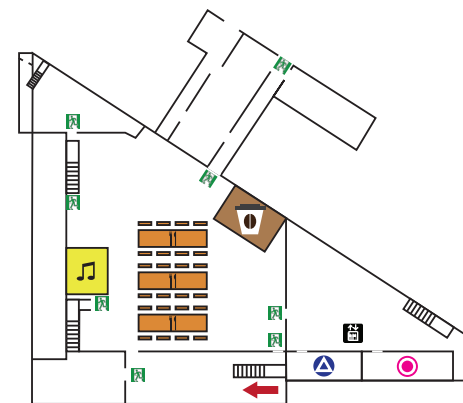
## Conference Centre



First floor



Entrance level



Basement

- Toilets
- Baby changing facilities
- Disabled toilets
- Fire exit
- Entrance/exit
- Lifts
- Demo area
- Exhibitors indoors
- Inside talks A
- Inside talks B
- First Aid
- Information point
- Ticket point
- Stairs
- Coffee
- Music
- Seating area