

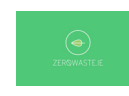
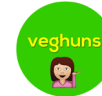


# DUBLIN VEGFEST 2019 - PROGRAMME FOR SUNDAY 29/09

OUTSIDE TALKS		INSIDE TALKS A		INSIDE TALKS B	
12:00-13:00	<b>*Christopher Sebastian:</b> Digital Media Literacy for Animal Rights	12:00-13:00	<b>Glauce Lucas:</b> Raising Vegan Children: We're Doing It Right	12:00-13:00	<b>James Donovan:</b> Vegan Sustainability Magazine: Nature Rising, Transitioning to an Irish Vegan Agricultural System
13:00-14:00	<b>*Emily Rutherford, MD scholar:</b> The Evidence for Vegan Diet in Sports and Health	13:00-14:00	<b>Jake Conroy:</b> A Love Letter to the Animal Rights Movement	13:00-14:00	<b>CLIMATE PANEL:</b> James O'Donovan, Jo Dirix, Garry Tyrell, Keelin Moncrieff and Marloes Boere
14:00-15:00	<b>VGN PODCAST</b>	14:00-15:00	<b>Marloes Boere:</b> Resolving resentment towards meat-eaters	14:00-15:00	<b>Evelyn Suttle &amp; Martha Dalton:</b> Ecofeminist Vegan History
15:00-16:00	<b>*Dr Milton Mills:</b> Naturally Plant based - Dropping Dairy	15:00-16:00	<b>Selena Caemawr:</b> Ableism within veganism: How can we do better in making our movement more inclusive	15:00-16:00	<b>PANEL ABOUT EFFECTIVE VEGAN ADVOCACY:</b> Andy Ryan, Laura Broxson, Bernie Wright, Roger Yates, Shana Reily
16:00-17:00	<b>*VEGAN HEALTH &amp; FITNESS PANEL:</b> Gerard Prendergast, Luci Vidal, Ailis Brosnan				
<b>*THIS TALK IS SIGNED</b>					

DEMO AREA - AUDITORIUM		DESSERT ISLAND - CAFE AREA	
12:00-13:00	<b>Jacques Brennan / Hungry Soul:</b> Where would we be without the Chickpea? Super Plant, Super Food!	12:00-13:00	<b>Veghuns' HOW TO CHANGE THE WORLD PANEL</b> Laura Broxson / NARA, Cara Daniel – Not For Your Entertainment, Cormac Nugent - Extinction Rebellion, Annie Hoeye - Together For Yes Activist and Kieran Ryan - Dublin Cycling Campaign
13:00-14:00	<b>Aileen Cox Blundell / Baby Led Feeding:</b> How to get your kids to eat more veggies?	13:00-13:30	<b>BEING EXTRA PANEL</b> Vegan kids on life
14:00-15:00	<b>Keelin Moncrieff / Young broken vegan:</b> Young, Broke & Hungover	14:00-15:00	<b>VEGAN ILLUSTRATED PANEL:</b> Sarah Cunningham & Sarah Bracken
15:00-16:00	<b>Maryle's Plantry:</b> Mousse Au Chocolat	15:00-16:00	<b>FEEDING VEGANS PANEL:</b> Virgina O'Gara of My Goodness Cork, Phil of Shoots & Roots, Christina Leopold of @addictedtodates

MANY THANKS TO OUR SPONSORS AND PARTNERS 2019:

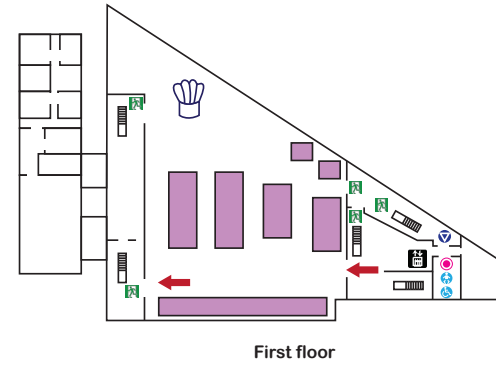




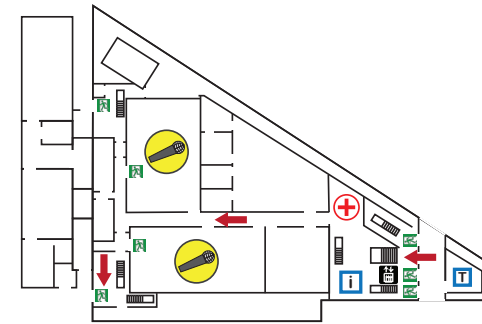
**1** South Circular Rd.

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|--|-------------------------------|
| <b>1</b> Entrance on South Circular Rd.  | <b>5</b> Information point    |
| <b>2</b> Toilets & baby changing facilities  | <b>6</b> Raised seating area  |
| <b>3</b> Ticket Point  | <b>7</b> Food village         |
| <b>4</b> Conference Centre   | <b>8</b> Covered seating area |
| <b>a</b> Auditorium: exhibitors & demo area (toilets & baby changing facilities)     | <b>9</b> Outside talk         |
| <b>b</b> Inside talk   | <b>10</b> Bicycle valet       |
| <b>c</b> Cafe / The Dessert Island (coffee, music, toi Art of Compassion exhibition) | --- Walk this way             |

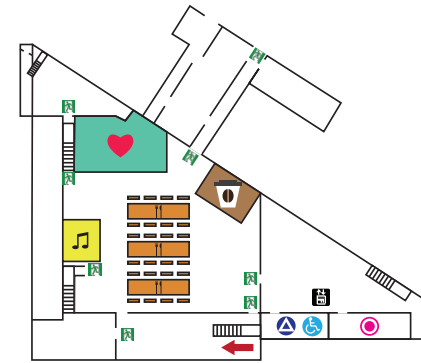
### Conference Centre



First floor



Entrance level



Basement

- Toilets
- Baby changing facilities
- Disabled toilets
- Fire exit
- Entrance/exit
- Lifts
- Demo area
- Exhibitors indoors
- Inside talks A
- Inside talks B
- First Aid
- Information point
- Ticket point
- Stairs
- Coffee
- Music
- Seating area
- The Art of Compassion exhibition