



# Saturday 23/09/2023

Times	Space A	Times	Space B	Other
		11:15-12:00	Yoga Class with Yoga Dublin <i>(Bring Your Own Mat)</i>	
12:00-13:00	Laura Broxson (NARA) <i>Banning blood sports, animal testing and animal agriculture in Ireland</i>	12:00-13:00	Ella Wilcox (@ellasveganplate): <i>Plant to plate to picture – how to use a cookbook</i>	
13:00-14:00	A plant-based future with Animal Rising	13:00-14:00	Tony Keogh (Cornucopia) <i>Autumn comfort food classics - food demo</i>	
14:00-15:00	Jake Conroy (Cranky Vegan): <i>Lessons learned from 28 years of activism</i>	14:00-15:00	Patrick Elliot: <i>Plant-Based Diets for Cardiovascular Disease Prevention</i>	DJ Hello Clitty <i>Warm music for people who love plant-based food</i>
15:00-16:00	Christopher Sebastian: <i>Disinformation, Infighting, and Elite Capture within Social Movements</i>	15:00-16:00	Animal Rebellion's <i>Quiz on Animal Agriculture and Climate Change</i>	
16:00-17:00	Panel on topical themes and issues regarding veganism: Laura Broxson (NARA), Ollie Bell (Trans & Intersex Pride), Conor McCauley (Disability Pride)	16:00-17:00	Emma Tuite: <i>Sea Shepherd Ireland</i>	