



Saturday 23/09/2023

Times	Space A	Times	Space B
		11:15-12:00	Yoga Class with Yoga Dublin <i>(Bring Your Own Mat)</i>
12:00-13:00	Laura Broxson (NARA) <i>Banning blood sports, animal testing and animal agriculture in Ireland</i>	12:00-13:00	Ella Wilcox (@ellasveganplate): <i>Plant to plate to picture – how to use a cookbook</i>
13:00-14:00	Animal Rising TALK	13:00-14:00	Tony Keogh (Cornucopia) <i>Autumn comfort food classics - food demo</i>
14:00-15:00	Jake Conroy - TALK	14:00-15:00	Patrick Elliot: <i>Plant-Based Diets for Cardiovascular Disease Prevention</i>
15:00-16:00	Christopher Sebastian: <i>Disinformation, Infighting, and Elite Capture within Social Movements</i>	15:00-16:00	Animal Rebellion's <i>Quiz on animal agriculture and climate action</i>
16:00-17:00	Panel on topical themes and issues regarding veganism: Laura Broxson (NARA), Ollie Bell (Trans & Intersex Pride), Conor McCauley (Disability Pride)	16:00-17:00	Emma Tuite: <i>Sea Shepherd Ireland</i>