



Sunday 24/09/2023

Times	Space A	Times	Space B
		11:15-12:00	Yoga Class with Yoga Dublin <i>(Bring Your Own Mat)</i>
12:00-13:00	Athletes Panel: <i>Strongwoman Maeve Frawley & Nutrition Science Communication Officer Patrick Elliot</i>	12:30-13:00	Pam Ryan: <i>Anti-Speciesist Language is for Everyone</i>
13:00-14:00	Christopher Sebastian & Jake Conroy <i>on Disinformation and Elitism within vegan community</i>	13:00-14:00	Ciara Brennan / Happy Food at Home: <i>BLUE ZONES BLACK BEAN GOULASH with a yoghurt & avocado topping (food demo)</i>
14:00-15:00	Dr John Allman <i>Sustainable diets for you and our planet's health.</i>	14:00-15:00	Plant based Universities TALK
15:00-16:00	Evelyn Suttle: <i>The Lion, The Witch and the World Food System: A look at the intersection of animal rights, feminism, environmentalism, and human rights through Ireland's past and present.</i>	15:00-15:30	The BeeGuy: <i>Life at the Bee Sanctuary</i>
		15:30-16:00	Jana Stefanova: <i>Life at the Kidare Wildlife Rescue</i>
16:00-17:00	Animal Rebellion Panel: <i>Animal Activism in the Age of Climate Collapse featuring Jake Conroy (the Cranky Vegan), with Laura Broxson (NARA), Evelyn Suttle (Veghuns) and Tracie Vance (Animal Rebellion)</i>	16:00-17:00	